

“Tis not enough to help the feeble up, but to support them after.”-William Shakespeare

Build Lasting Connections

Spring is an awesome season where I live. Early April rain summons in the cherry blossoms, which delight us for far too brief a time with their fragrant pink and white flowers whose departure heralds the onset of fresh green leaves. Summer is for shorts and T-shirts, barbeques, and watching children splash around in swimming pools. Fall is my favorite season, as it offers a welcome respite from the sweltering heat of summer. Warm sweaters are donned to take the bite out of crisp nighttime air, and Saturday football games seem to bring people together like nothing else can. Winter is a time for staying home to curl up with a good book under the watchful eye of a warm fire, a time for sharing hot chocolate and intimate conversation, and a time for quiet reflection on the year that has just passed.

Our personal lives also have their own seasons. We have our own unique cycles of birth and death, of health and disability, of intense joy and intolerable sorrow...

Excerpt from
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